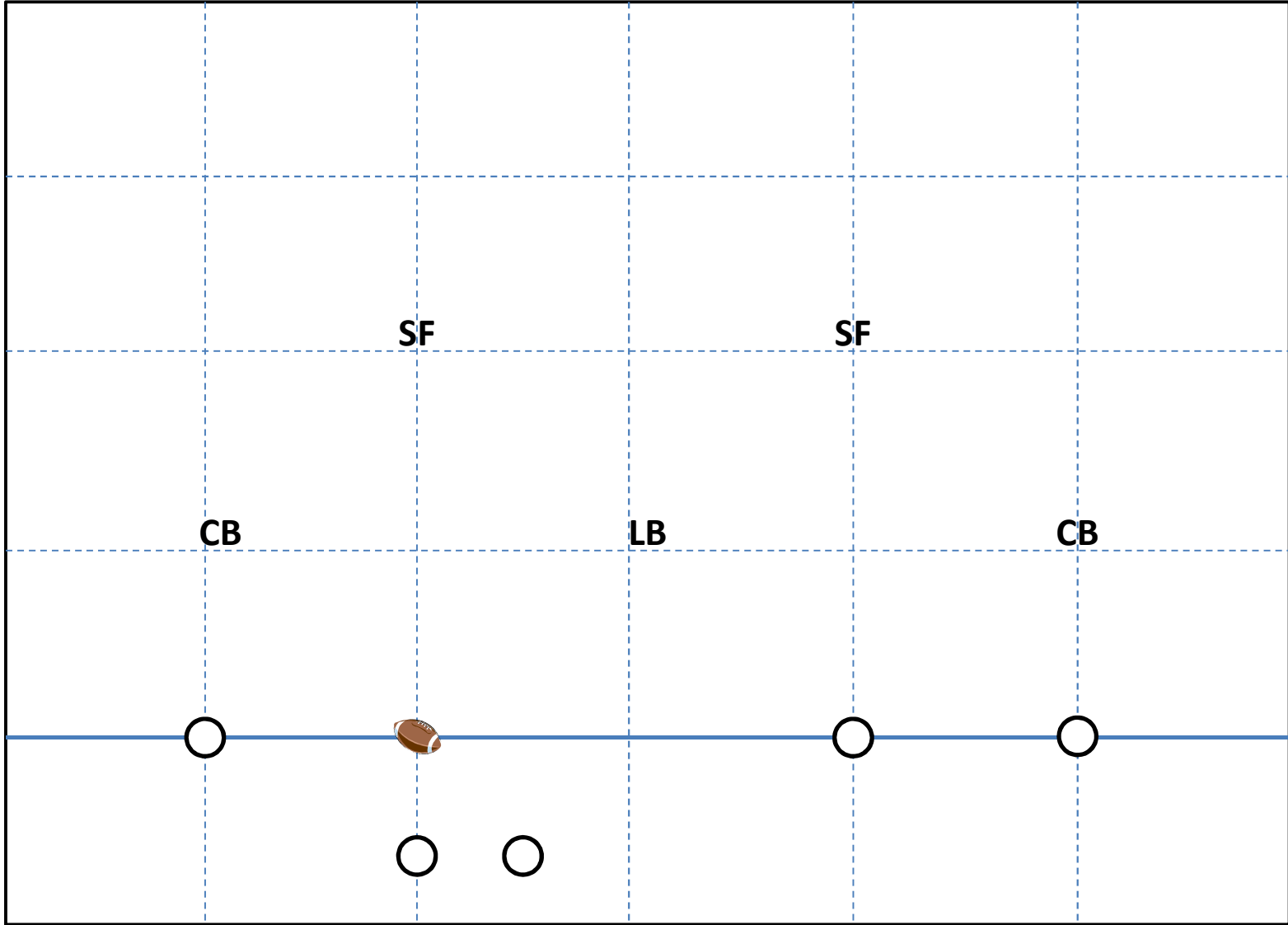


# Play Book for 5on5

**Senior Fighters**

2014年10月19日



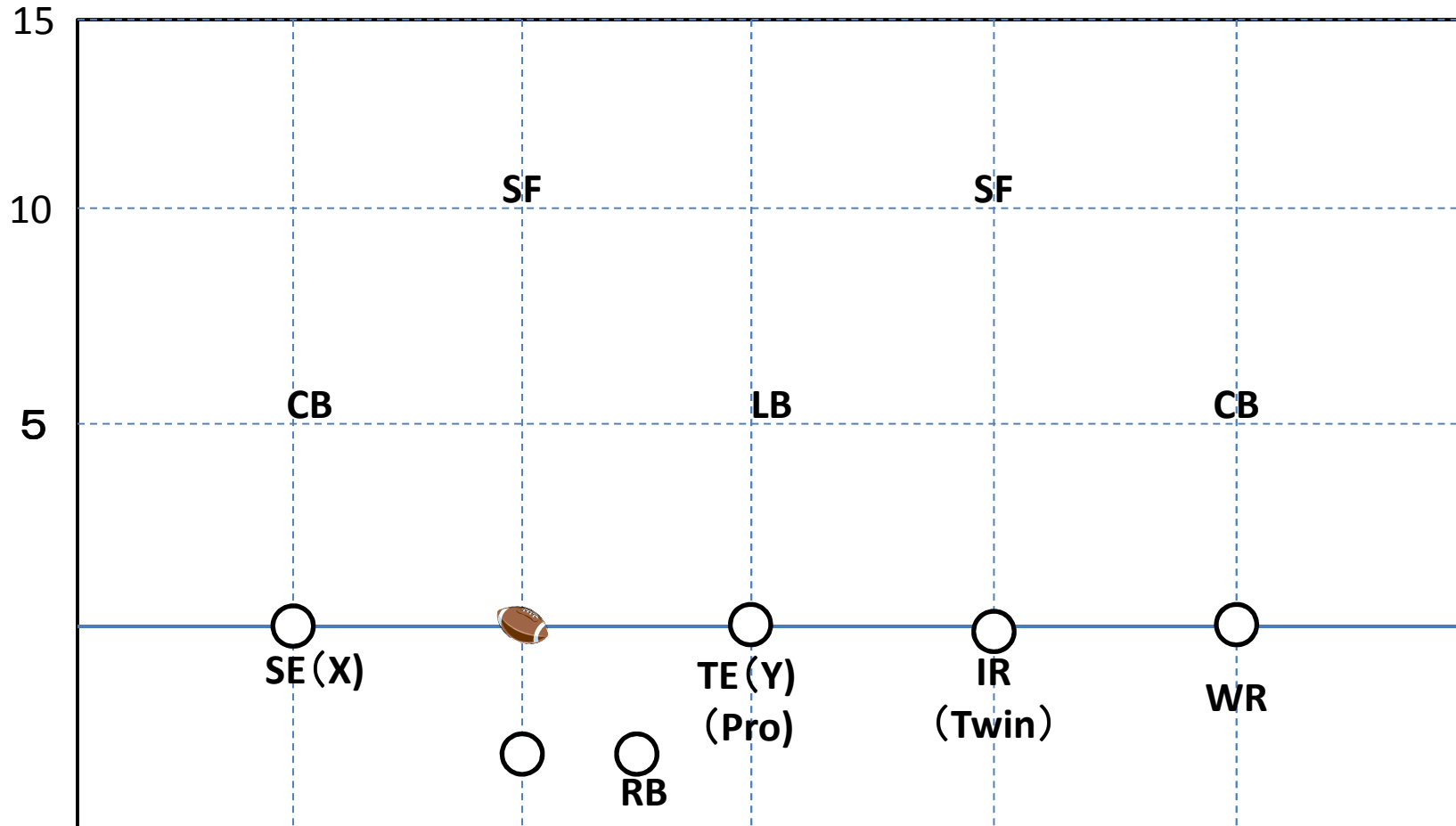
# ポジションの名称

## <守備側>

SF=Safety(セイフティ)

CB=Corner Back(コーナースタック)

LB=Line Backer(ラインバッカー)



## <攻撃側>

SE=Split End(スプリットエンド)=X

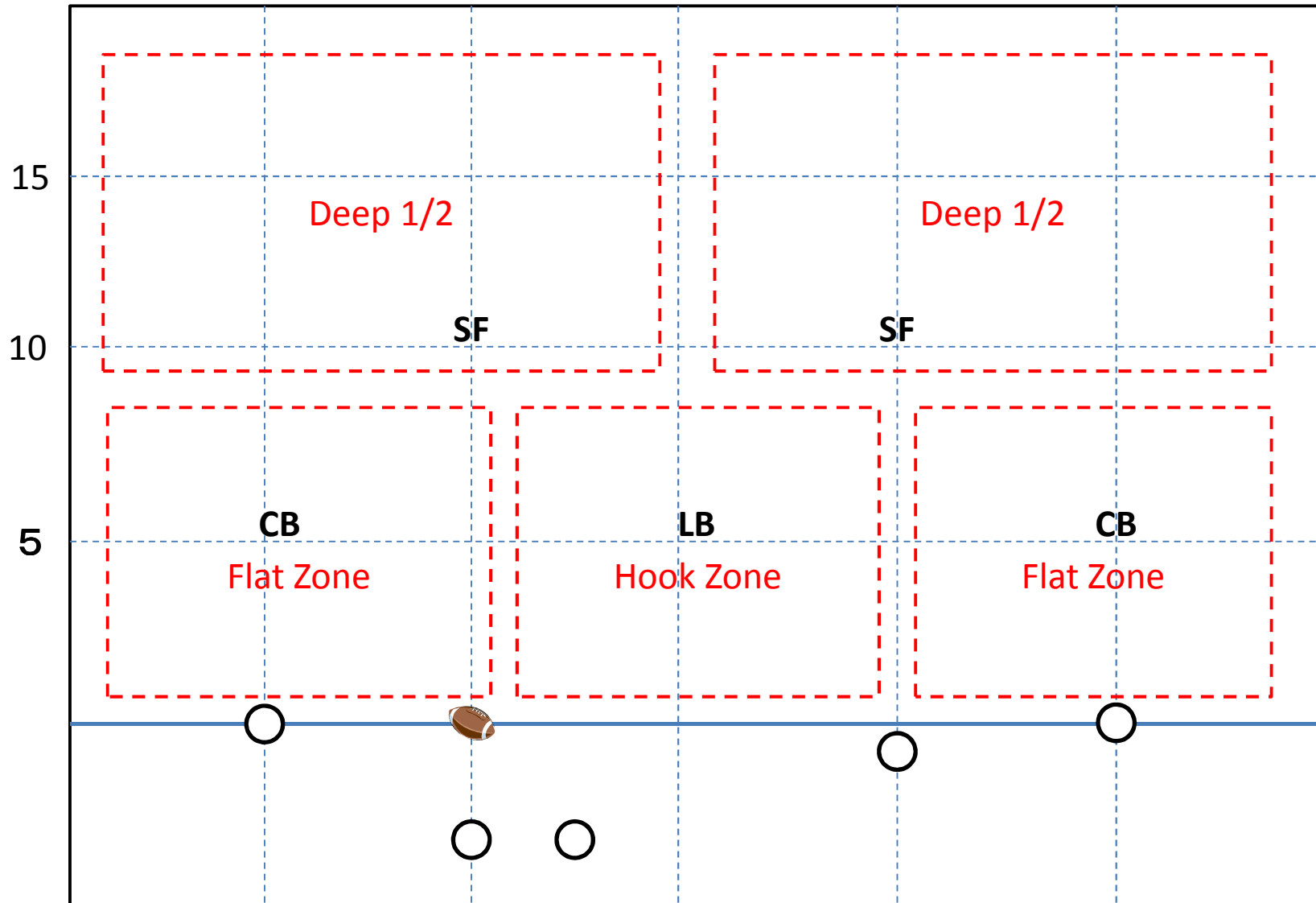
RB=Running Back(ランニングバック)=R

WR=Wide Receiver(ワイドレシーバー)=Z

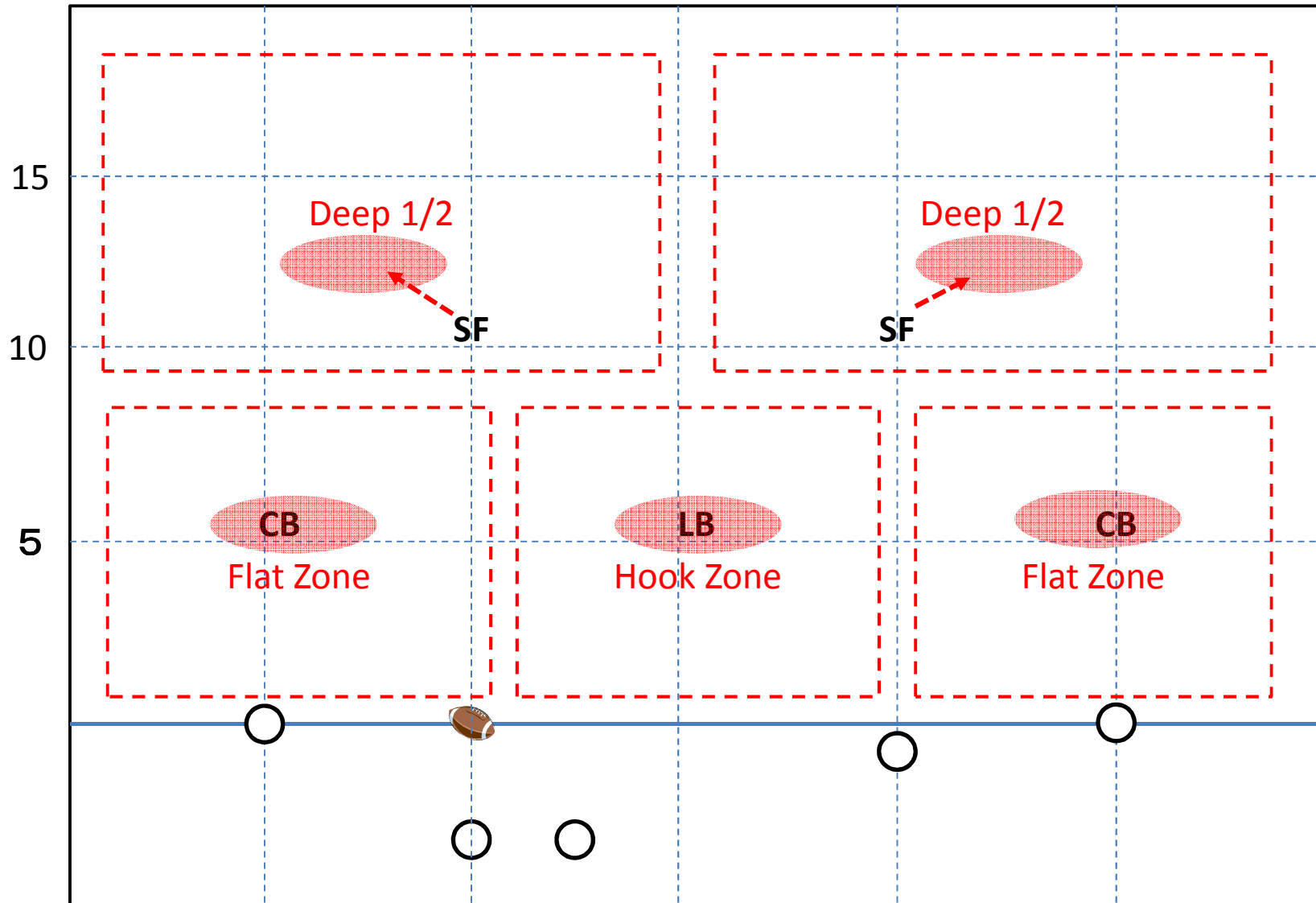
IR=Inside Receiver(インサイドレシーバー)

TE=Tight End(タイトエンド)=Y

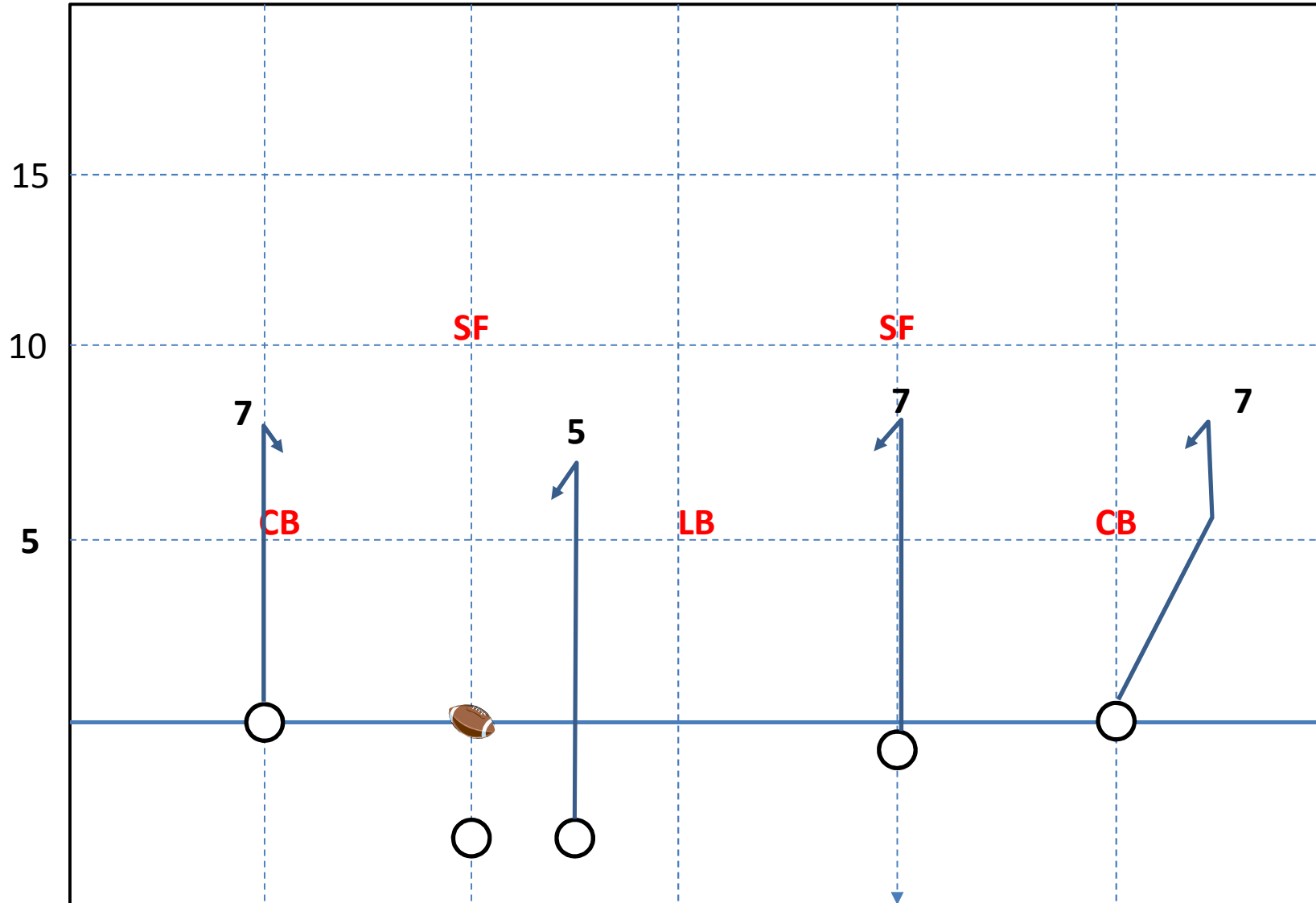
# パス守備のゾーン分担



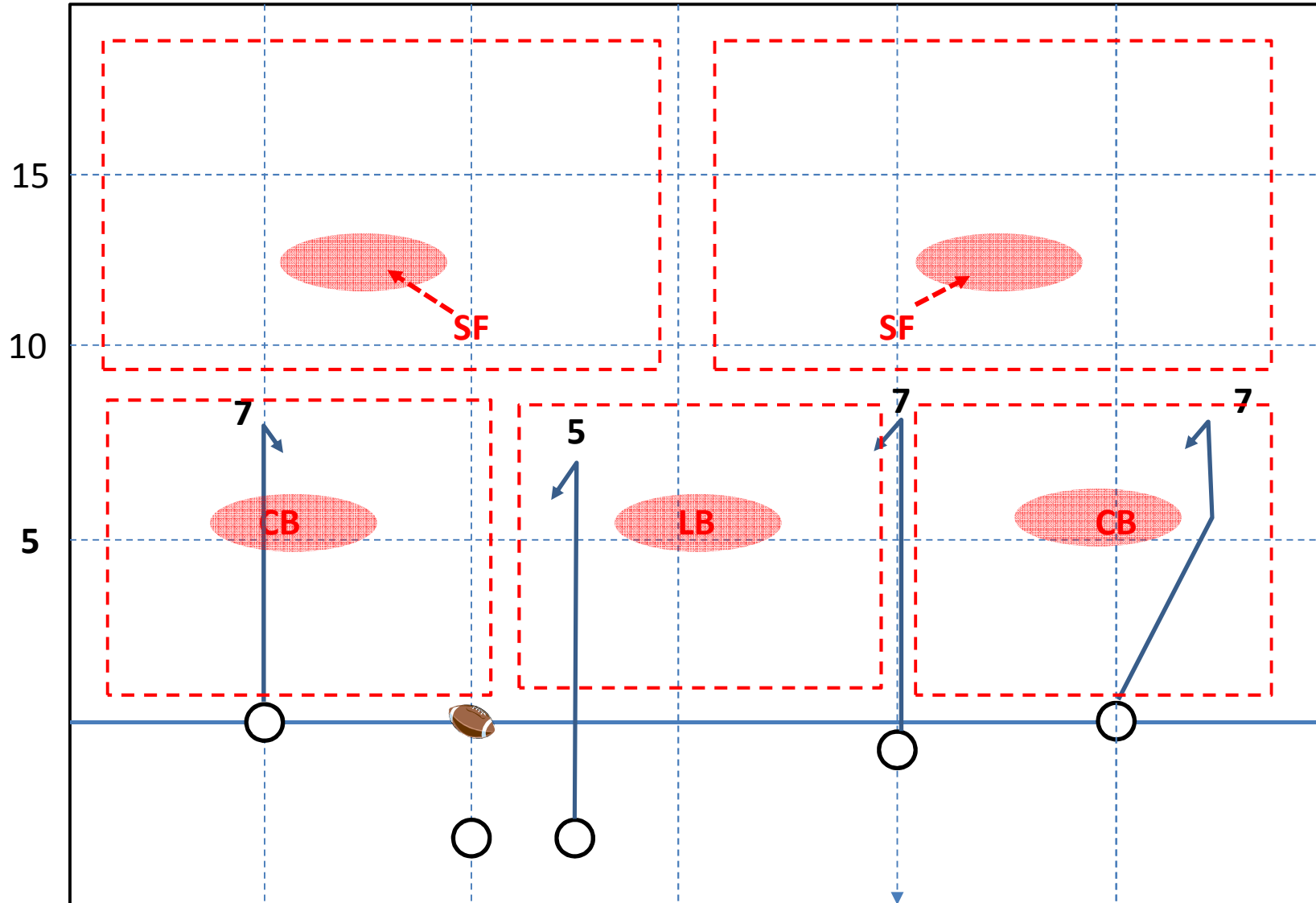
# パス守備のゾーン分担



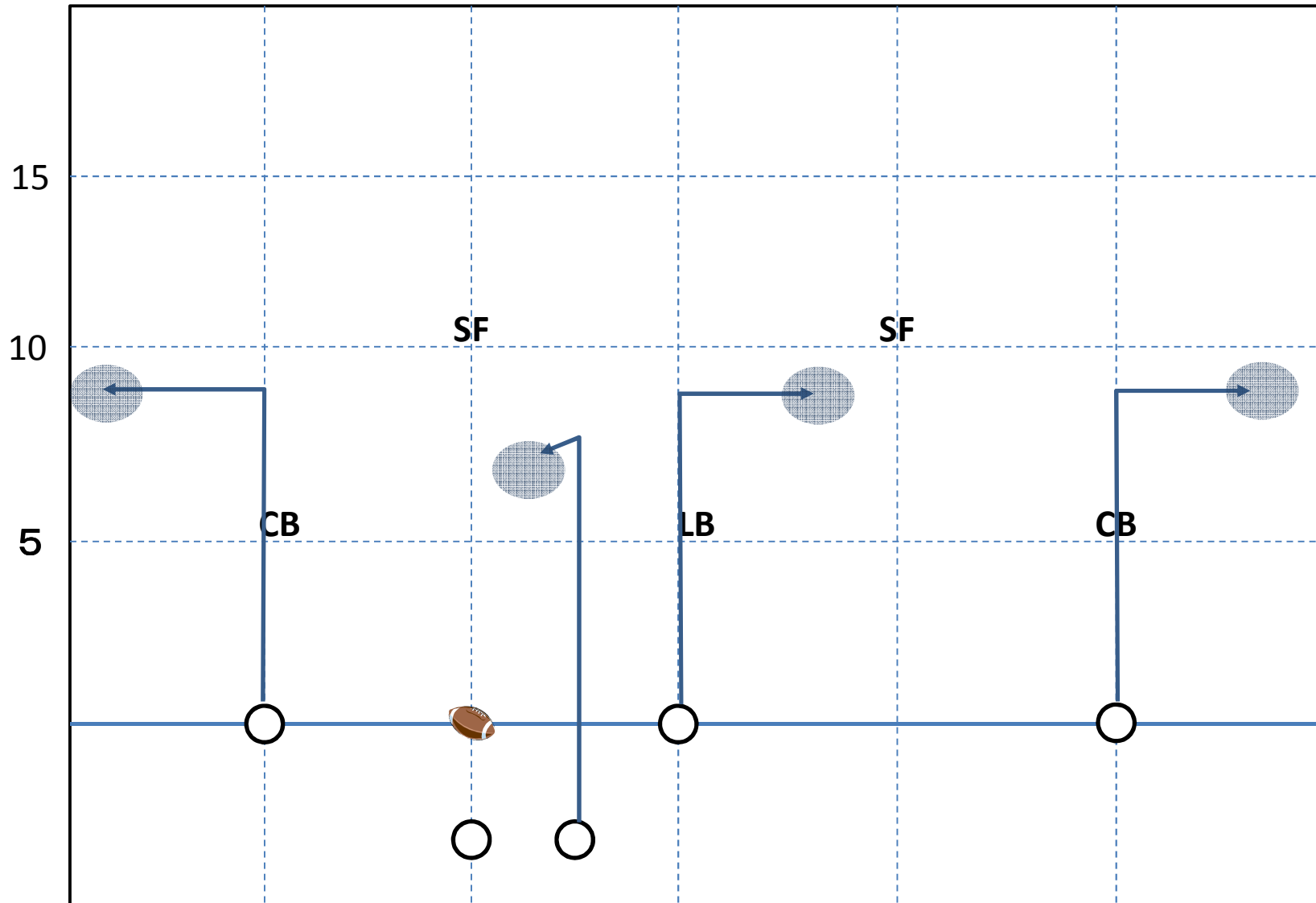
# ALL HOOK



# (Twin) ALL HOOK

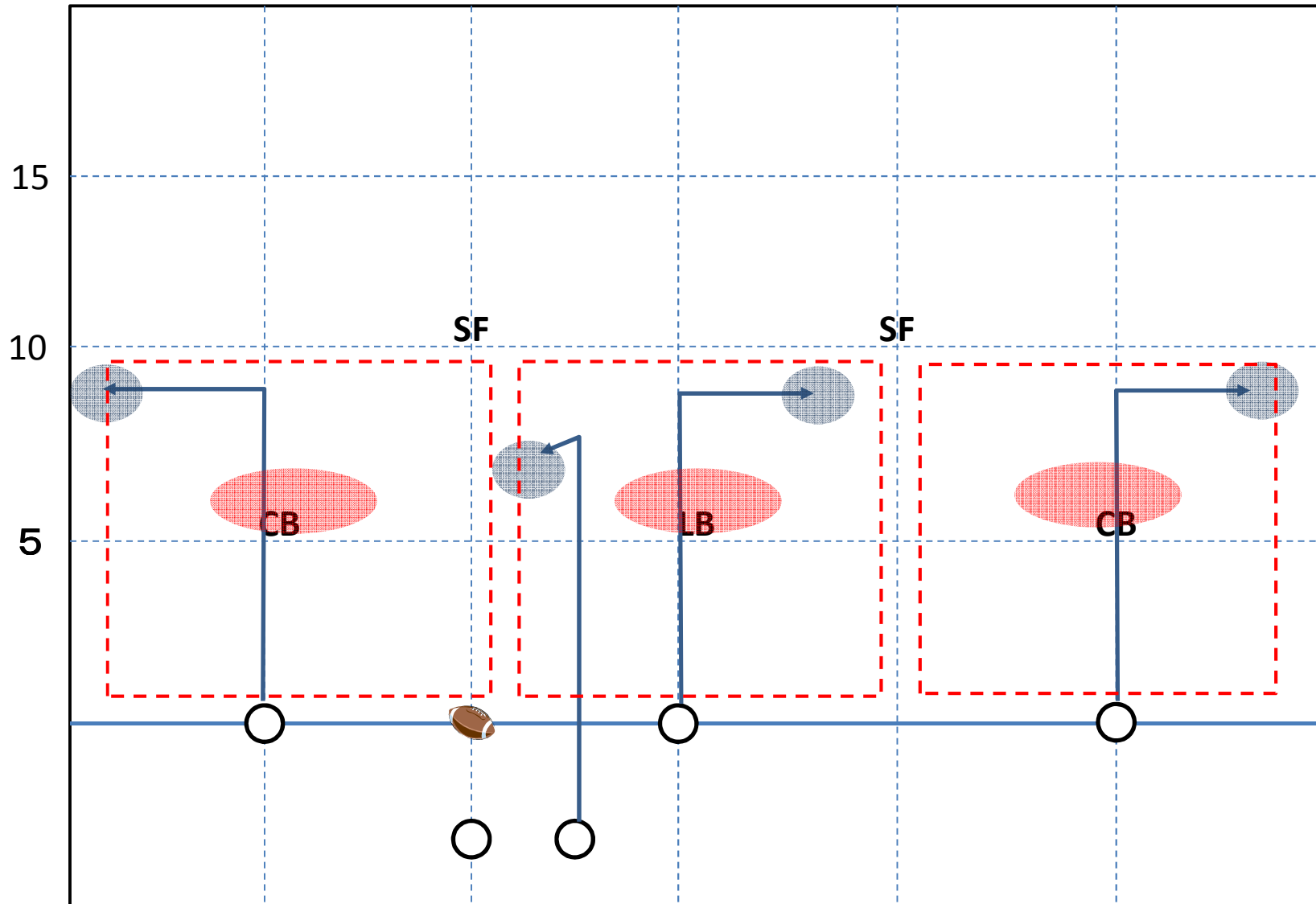


# (Pro) All Out

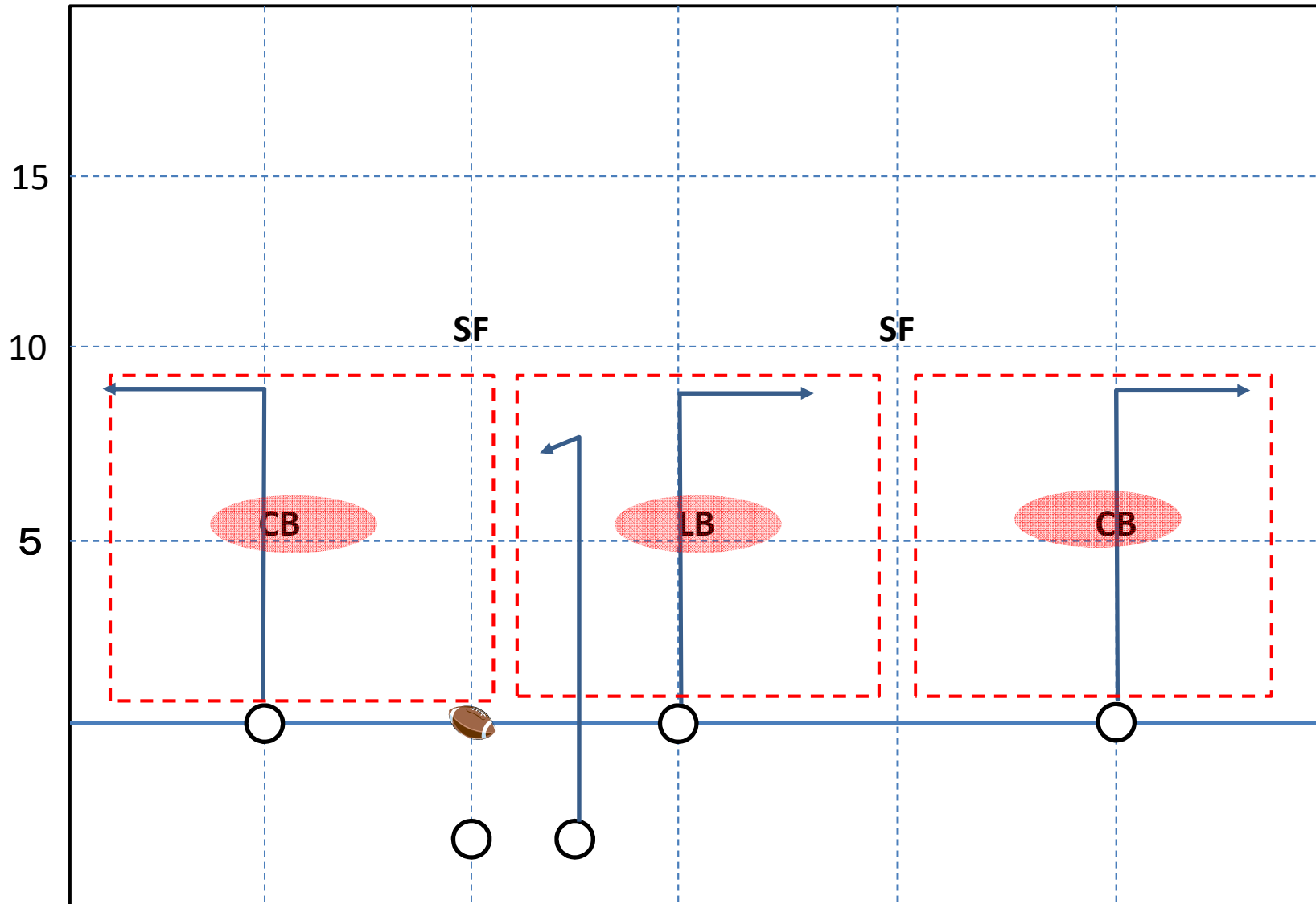




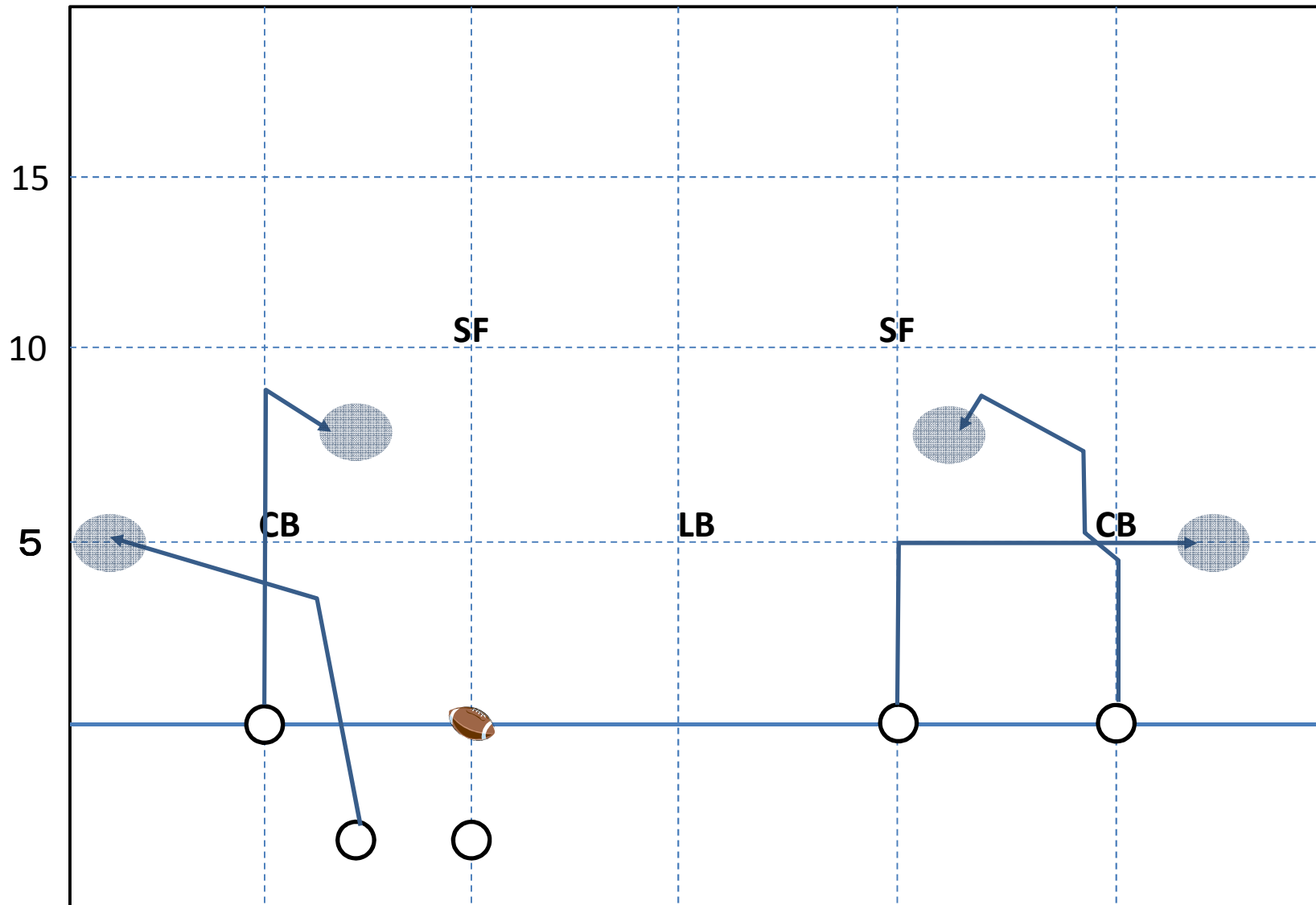
# (Pro) All Out



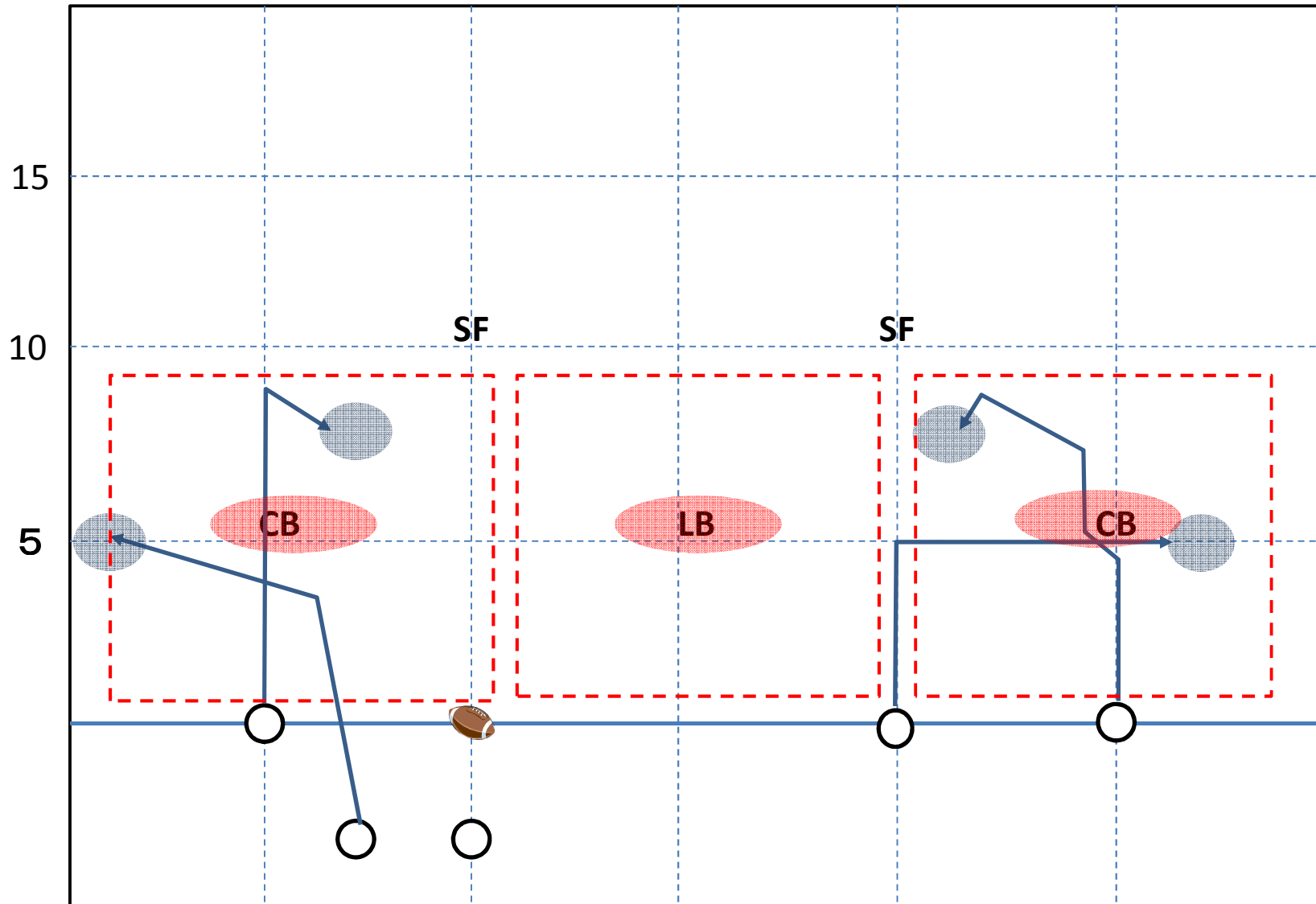
# (Pro) All Out



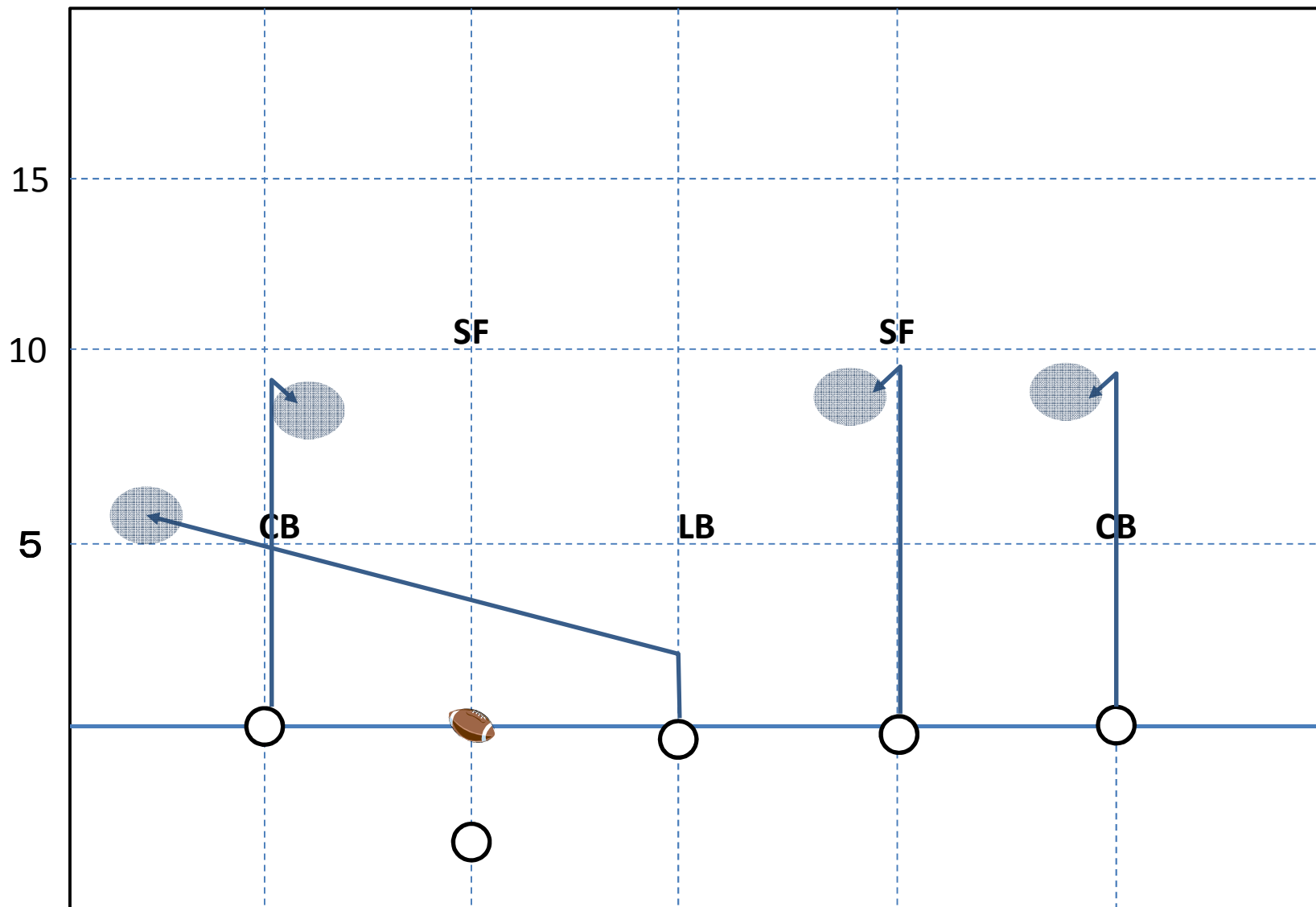
# (Twin) Curl-Flat (Out)



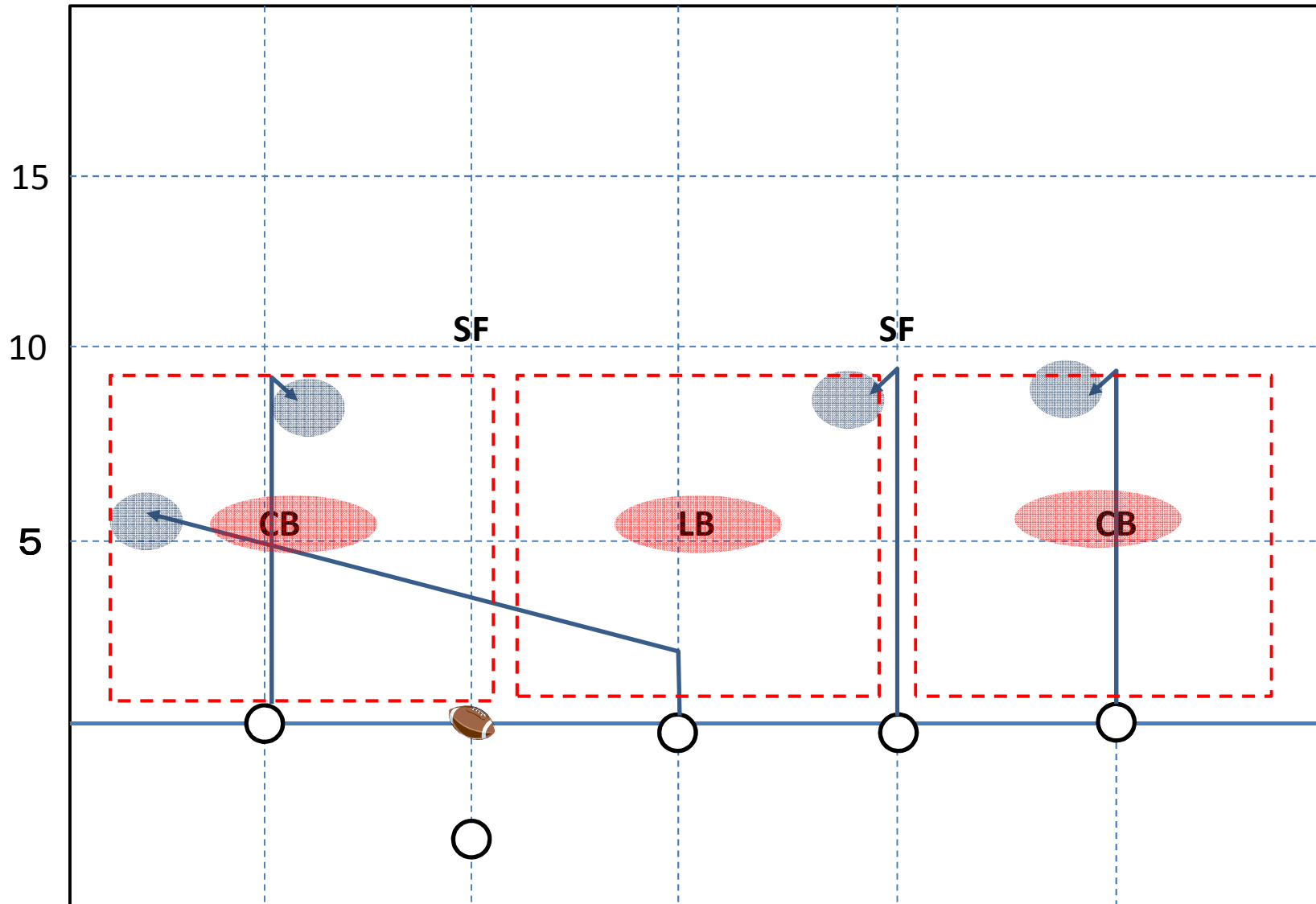
# (Twin) Curl-Flat (Out)



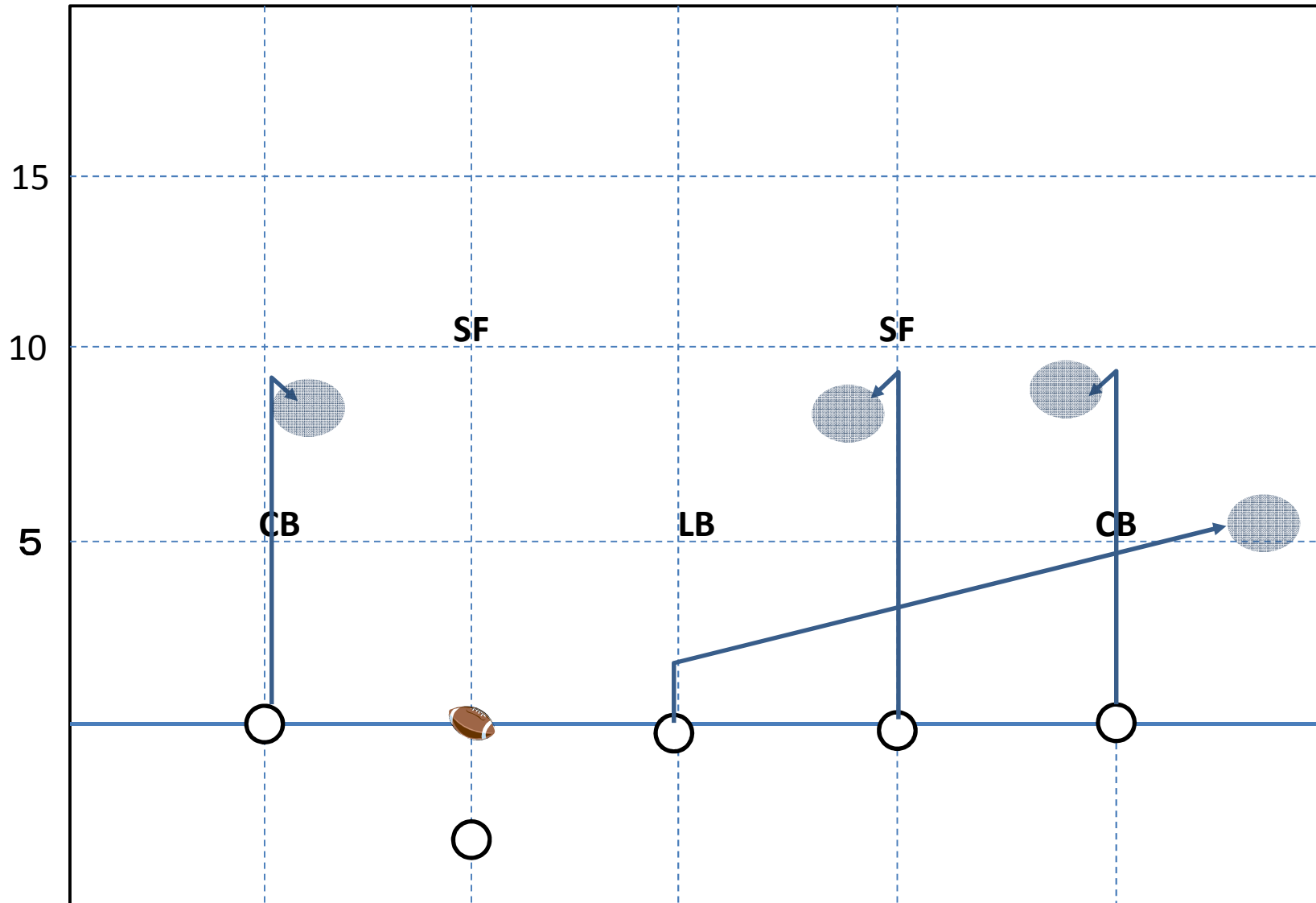
# (Super) Hook-Across



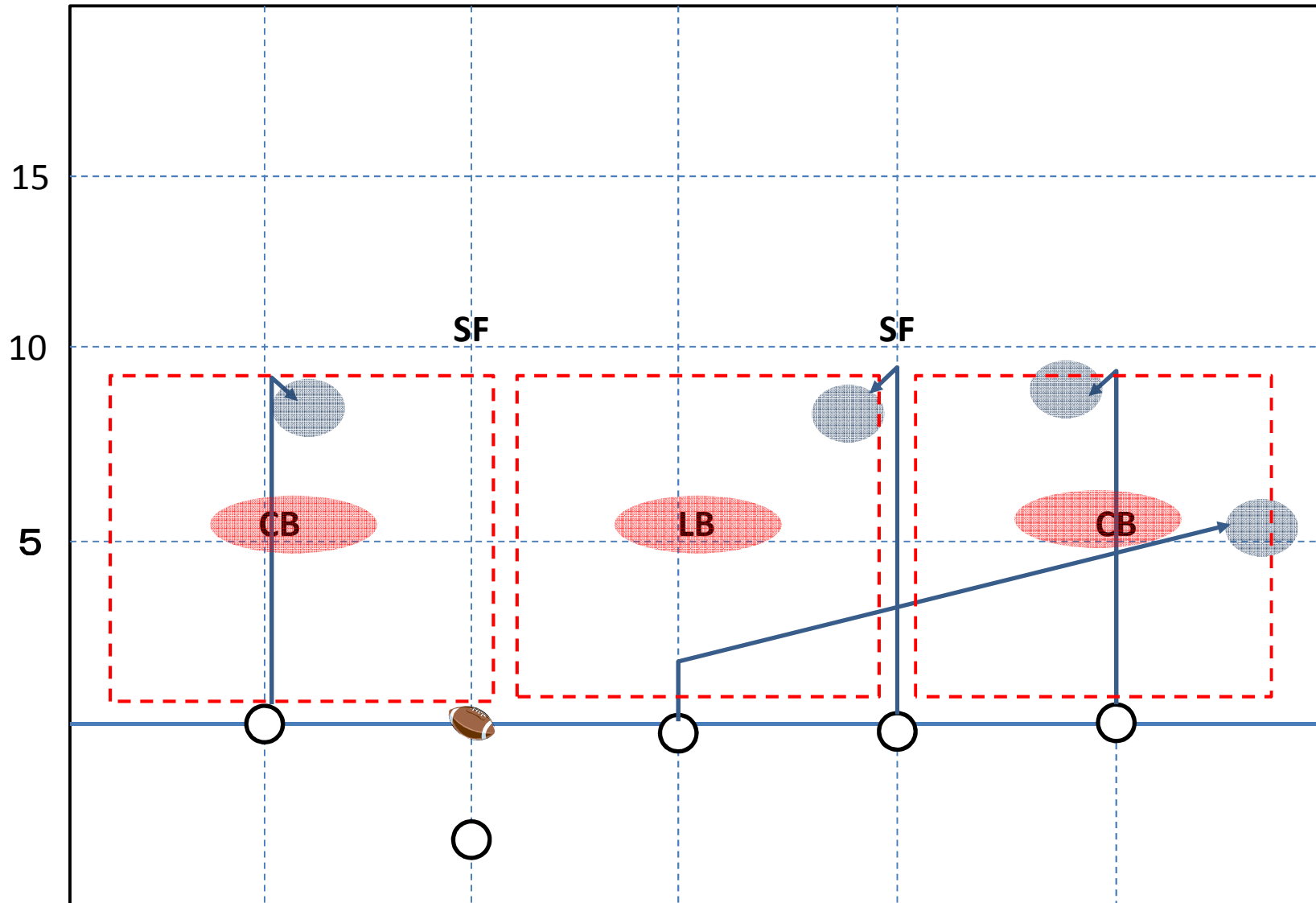
# (Super) Hook-Across



# (Super) W-Hook-Flat

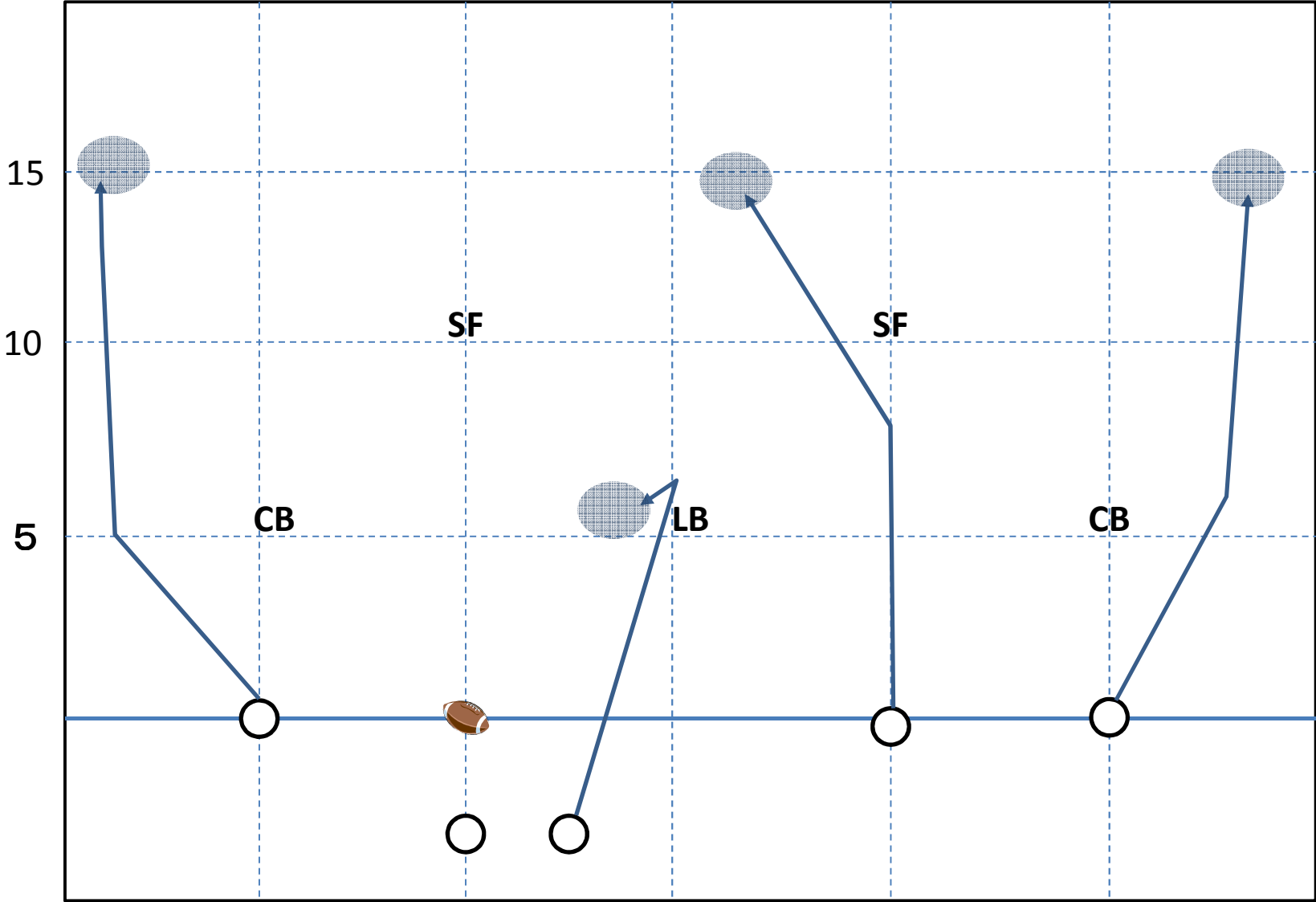


# (Super) Double Hook-Flat

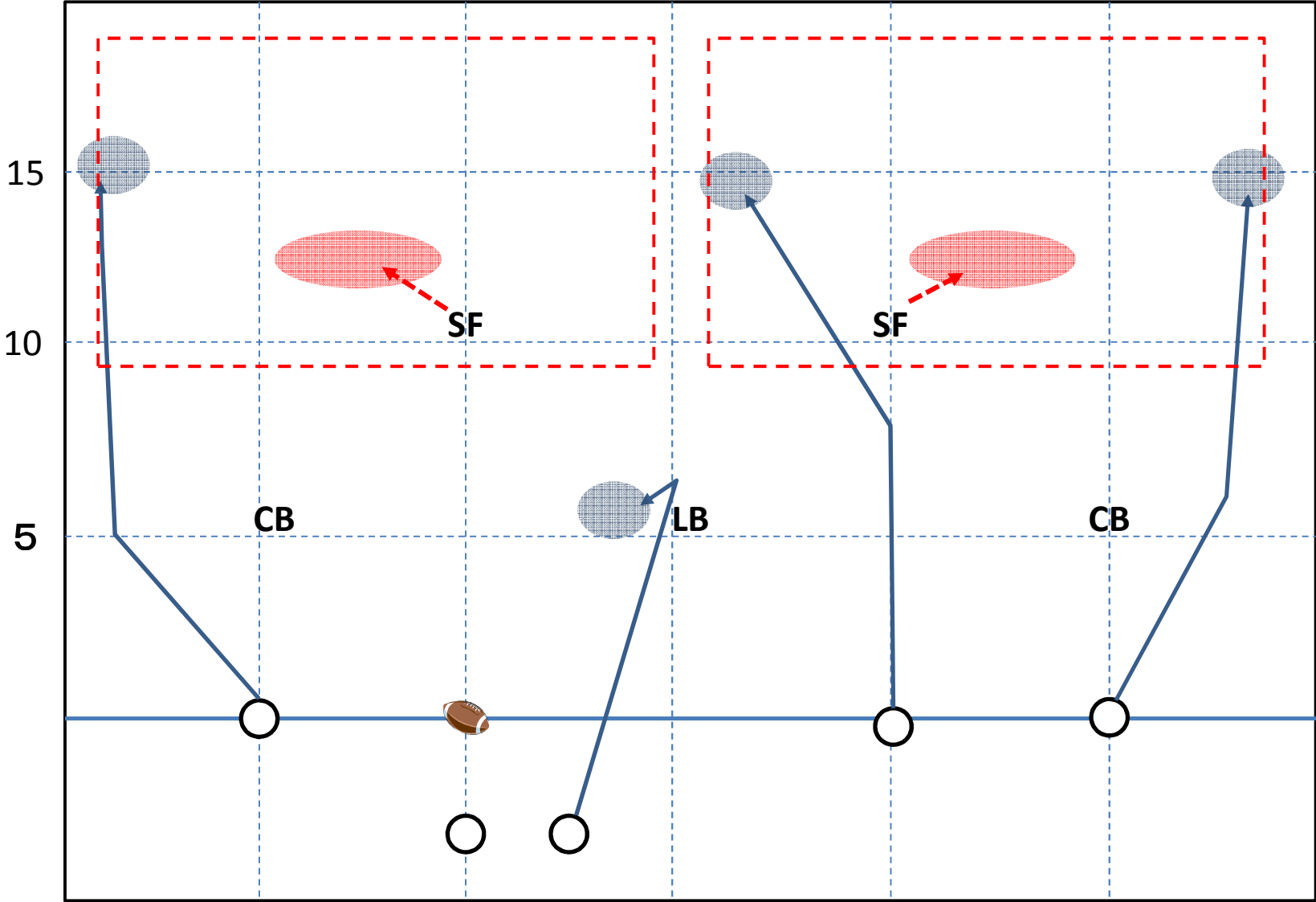




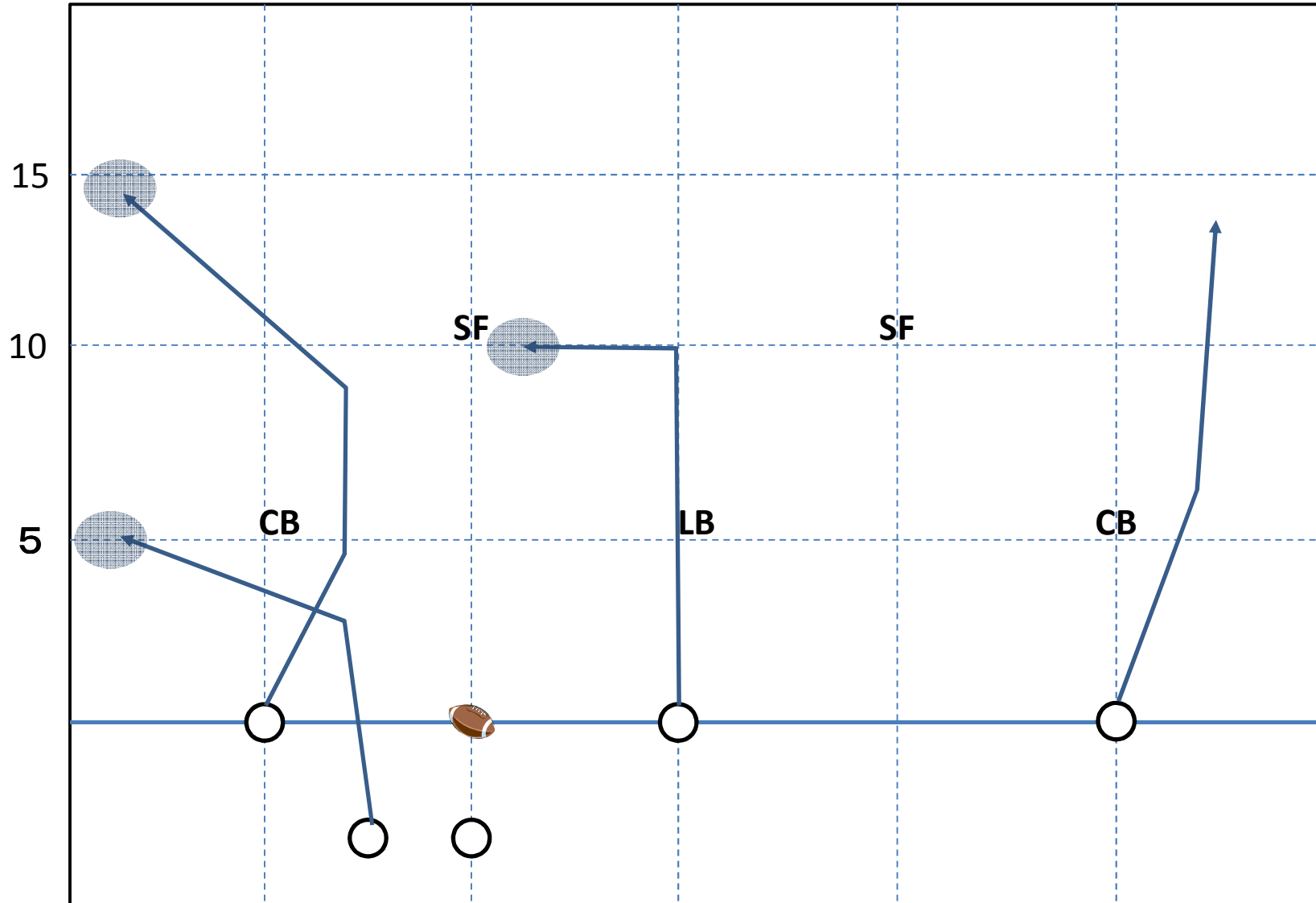
# (Twin) All Streak



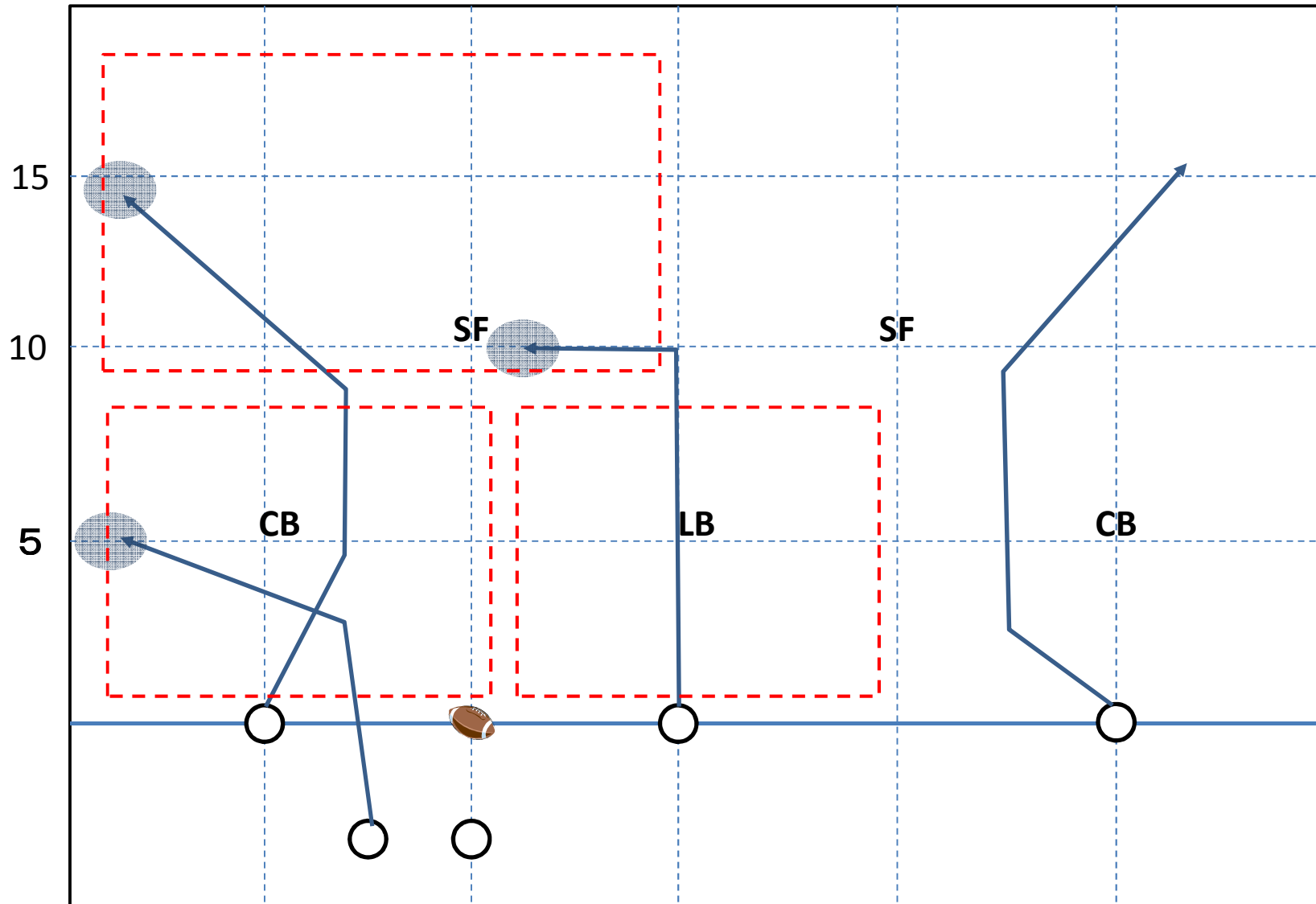
# (Twin) All Streak



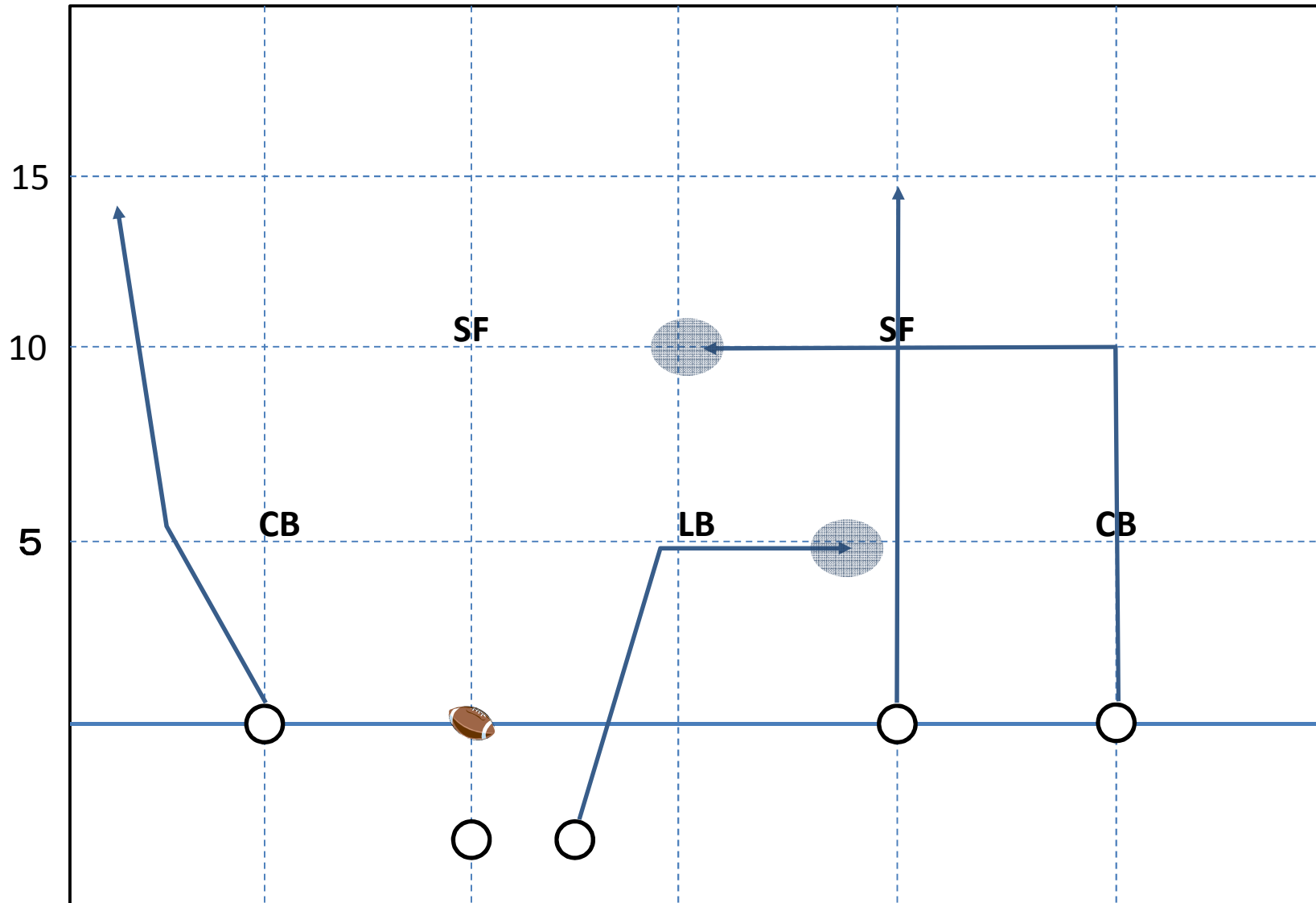
# (Pro) Corner-Flat



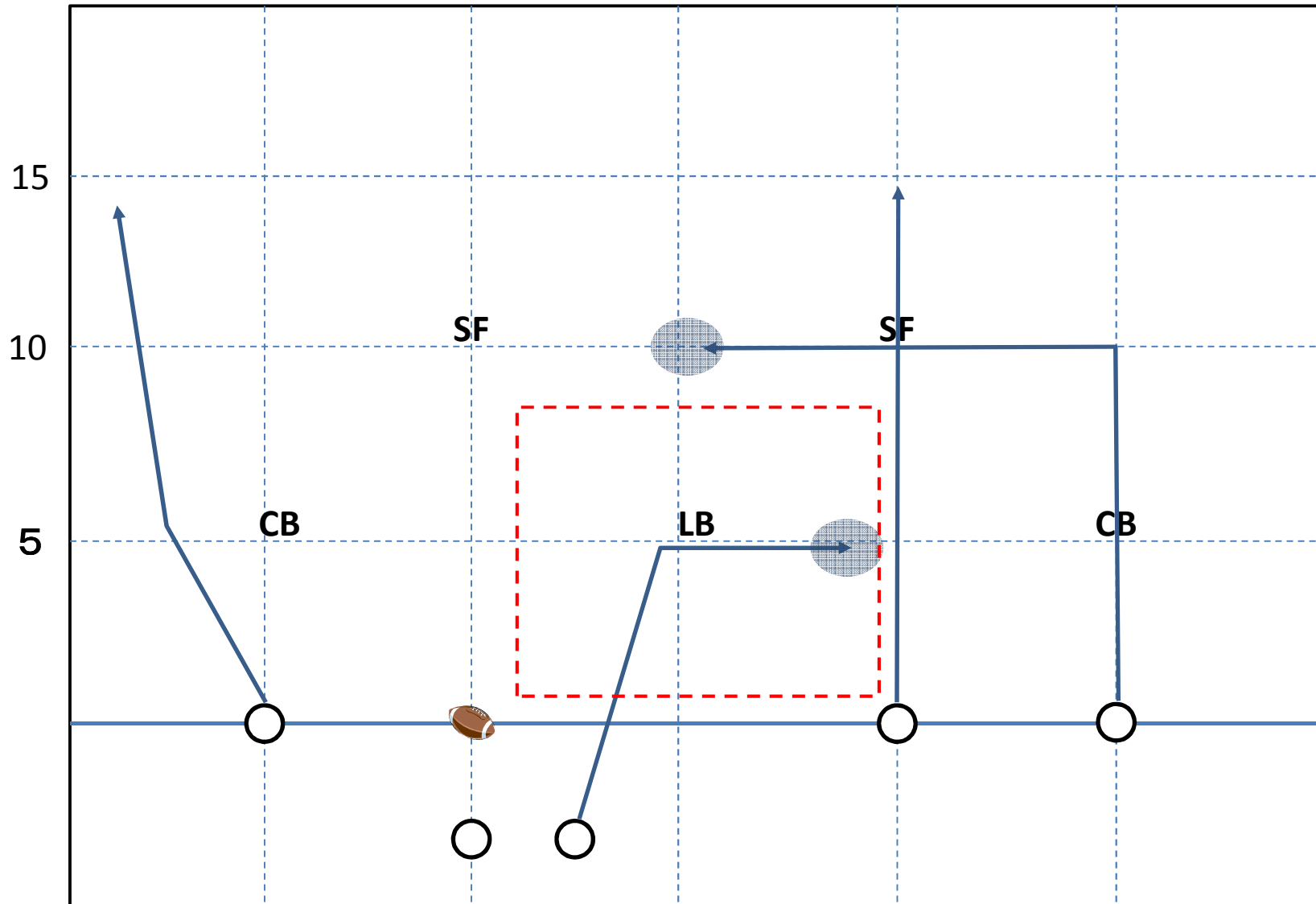
# (Pro) Corner-Flat



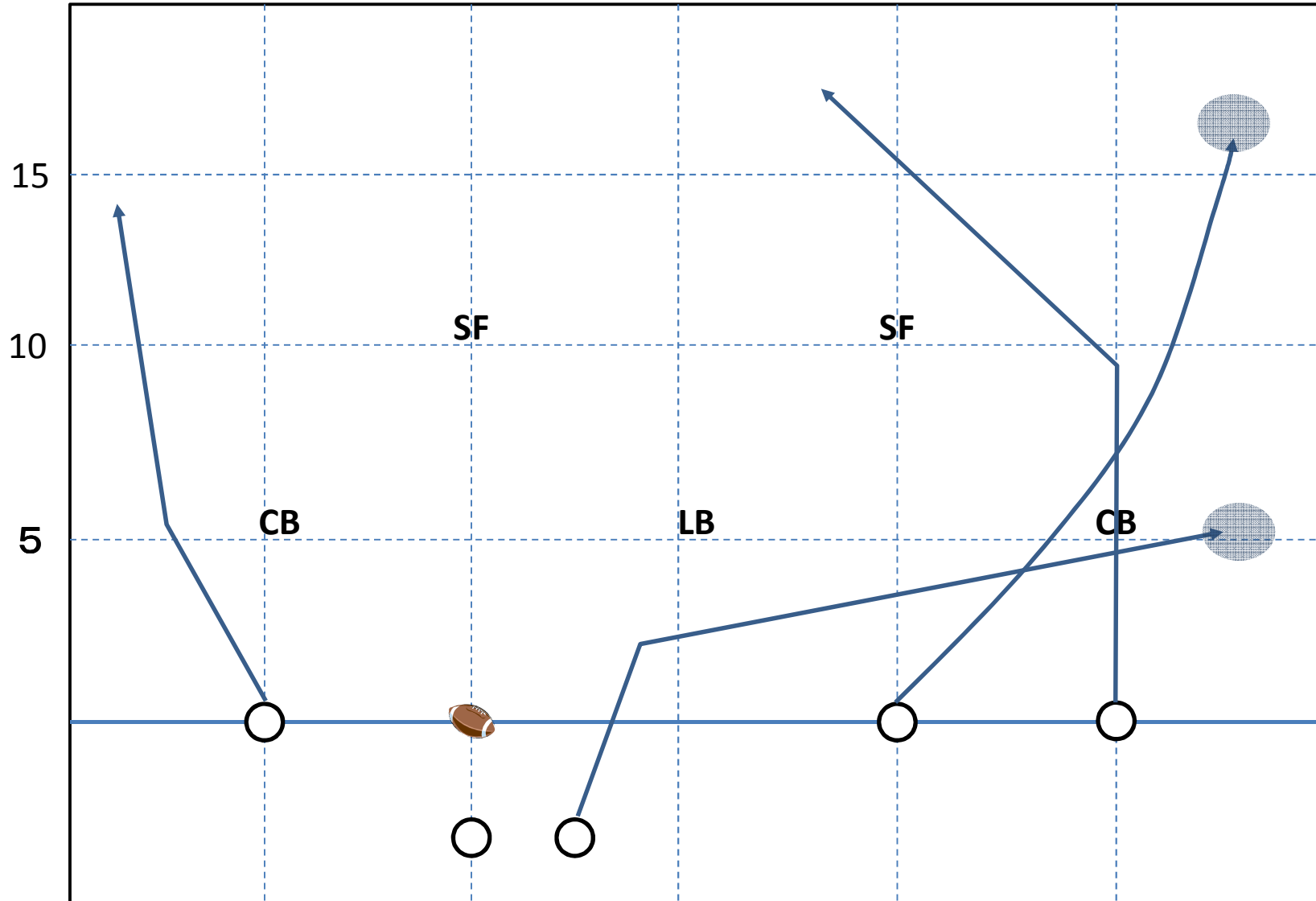
# (Twin) Z-10yd-In



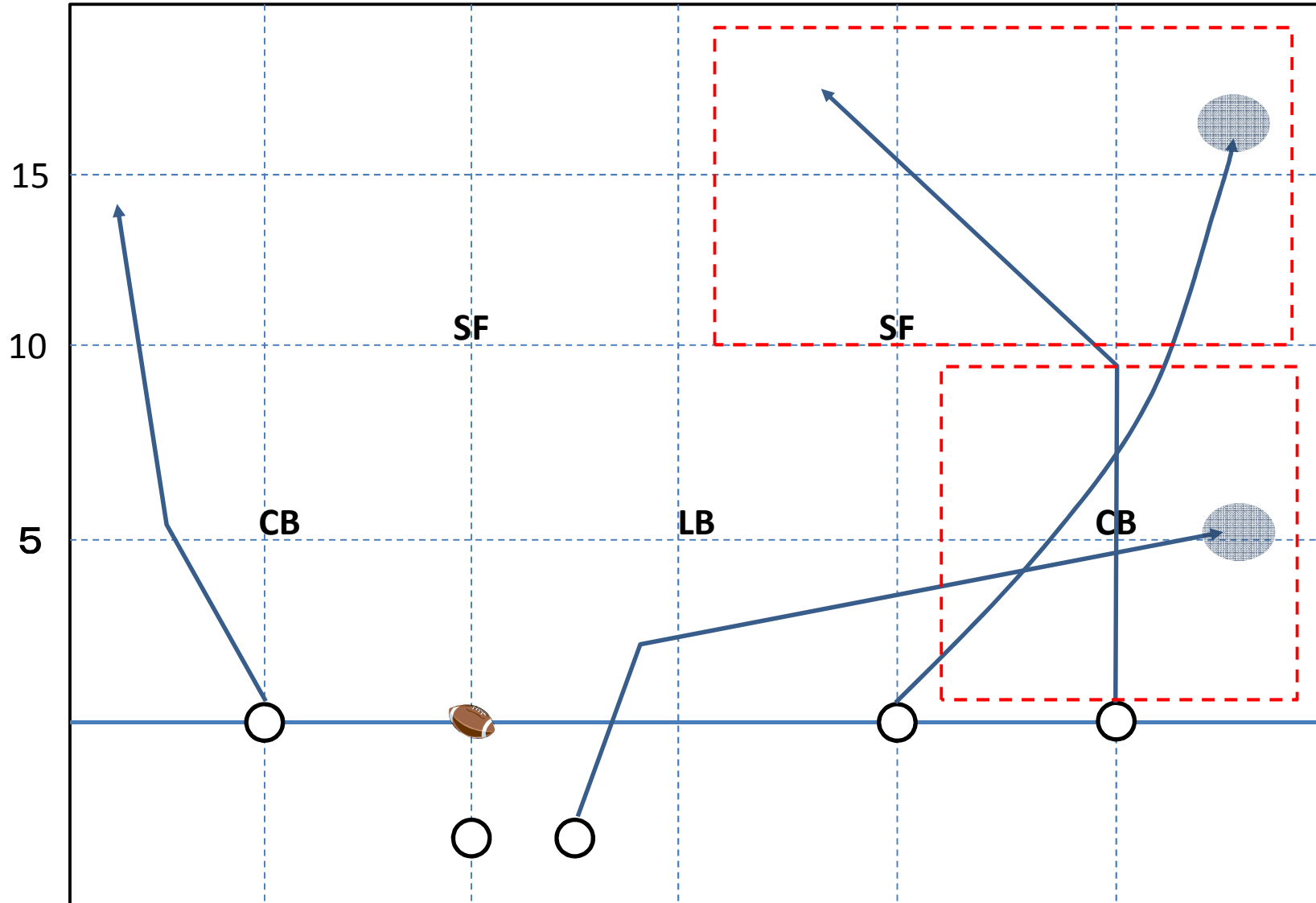
# (Twin) Z-10yd-In



# (Super) Post-Jet

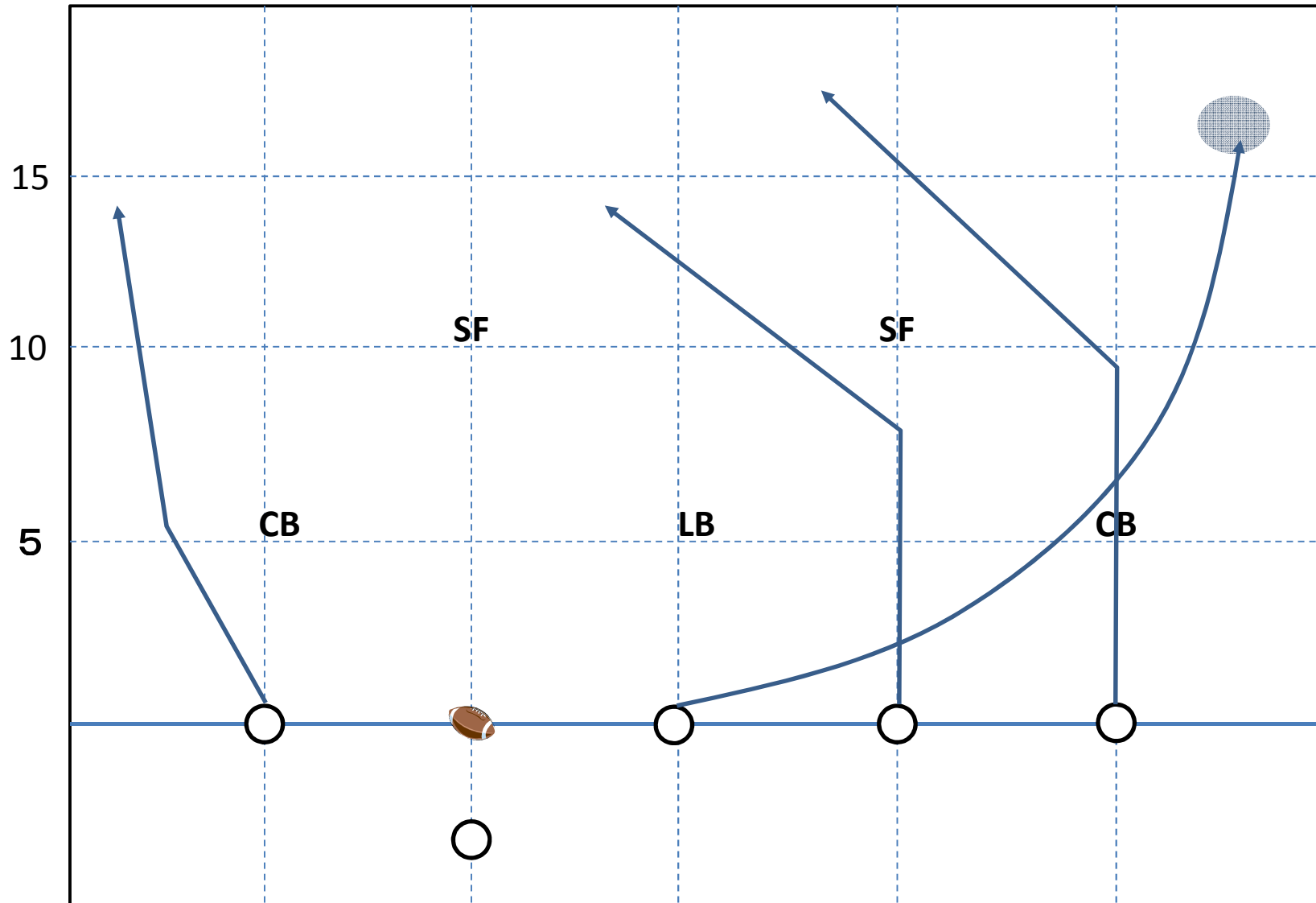


# (Super) Post-Jet

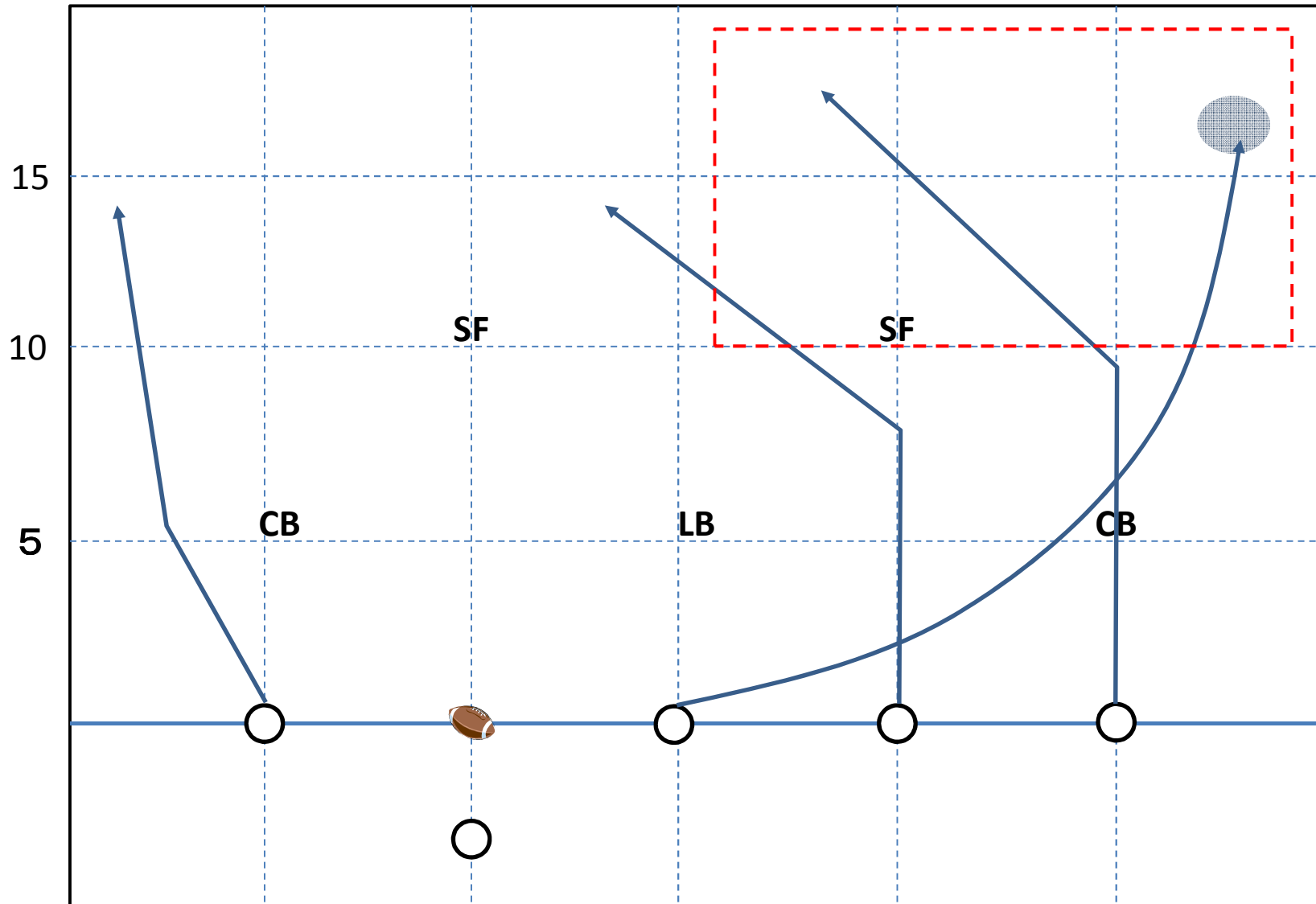




# (Super) Double Post-Jet



# (Super) Double Post-Jet



# (Twin) Post-Flat up

